

The Counseling Health & Wellness Center is pleased to announce a grant funded partnership with **Uwill**, a leading student mental health teletherapy and wellness platform currently being implemented at colleges and universities across the state.

Uwill offers students **free and immediate access to teletherapy** through its easy to use online platform as well as a menu of wellness programming options via self-directed video content. This service may be a great match for students that are *interested in online therapy and may be one or more of the following:*

- Have availability ONLY during the evening and weekend hours,
- Reside out of state
- Lack sufficient insurance for mental health coverage
- Are enrolled fully online
- Are interested in having a permanent year round counselor

Uwill does **not provide mental health prescription services, formal mental health evaluations, faculty/staff consultations, nor is a mental health crisis line.**

Access to Uwill teletherapy is quick and easy. Students can create a profile and book their first session by scanning the QR Code below. Students can choose a therapist based on their preferences including availability, gender, language, ethnicity, and specialty. Students can also choose a time that fits their schedule with day, night and weekend options.



Students receive
**FREE IMMEDIATE
ACCESS TO
TELETHERAPY**

Private. Secure. Confidential.

WILLIAM
PATERSON
UNIVERSITY



Uwill.

If you have any questions or concerns regarding UWILL services, and would like to speak with a counselor, please call us at 973-720-2257.

*******If you are in need of **emergency consultation** for a mental health concern, please contact the Counseling Health and Wellness Center 24 hours a day/7 days a week at 973-720-2257 for immediate assistance*******